

Taking Effective Action (TEA) and  
Love AME Church & Partners Present

# 2020 VIRTUAL HEALTH AND WELLNESS SYMPOSIUM

Cost:  
**FREE**  
Registration  
Required\*

Theme: **Living a Healthy Lifestyle  
During the COVID-19 Pandemic**

**Saturday, November 14, 2020**

**9:30AM - 2:00PM**

*from the comfort of your own home*

\*<https://www.eventbrite.com/e/126738946601>



Rev. Dr. Gertie Loretta Hurley,  
Founder & CEO  
Taking Effective Action, Inc.



Rev. Krishnan Natesan, Founder and  
Sr. Pastor and First Lady Tonia Natesan  
Love AME Church

Please join us for this 1-day Evidence-Based Symposium on Health and Wellness. Some of the country's foremost experts on health and nutrition will be presenting. This symposium is unique in that we will explore longevity, wellness, nutrition, common chronic diseases based on evidence based medicine.

**TOPICS:** Cardiovascular Disease • Diabetes Awareness & Information • Pharmacogenomics • Precision Medicine • Mental Health • HIV/AIDS • Nutrition • Food Safety Fitness • Music

**Chef Thomas Ross Dandridge Cooking Demo**

*Live Q&A Sessions • Exercise Refresher • Music • Prizes • Give-a-Ways*

**PRAYER ROOMS:** Be uplifted through prayer.

**Empowering Message by: Min. Ebonie Johnson Cooper**



**Keynote Speaker**  
Dr. Patricia Davidson, MD  
MedStar Washington Hospital Ctr.



**Mistress of Ceremony**  
Council Member Jocelyn Route  
Bladensburg, MD



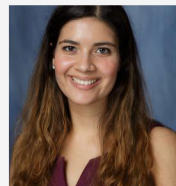
**Closing Message**  
Min. Ebonie Johnson Cooper



Dr. Cynthia Lee  
Howard University/Pharmacy  
University of the Pacific



Dr. M. Valerie Mills, PhD  
US HHS (retired)



Dr. Divita Singh, PharmD  
Howard University  
College of Pharmacy



Dr. Thomas Best, PhD  
University of Chicago



Lisa Loft  
Personal Trainer



Tia Shyne Muse  
Recording Artist, Worship Leader  
Love AME Church



Apostle Clara Joyner  
Life of Christ Kingdom Ministries  
Greenville, NC



Evangelist Mary Tyson  
Chaplain  
Eta Iota Sigma Philo Affiliate



Rev. Rowena White, Pastor  
Campfield AME Church



Mr. Derek J. Powe, VP  
Taking Effective Action, Inc.



Kenneth L. Trice  
Mental Health Advocate



Shannon M. Jordan, MPH  
Prince George's County Section  
Nat'l. Council of Negro Women



Leslie Jefferson, CNS, LDN  
Giant Food Inc.



Dr. Mira Mehta, PhD  
University of Maryland



Chef Thomas Ross Dandridge  
Restaurateur/Caterer  
Social Media Chef



Dr. Wakeshi Benson, DDS  
WB Orthodontics, PLLC



Ms. Erika Williams  
Director of Prayer Ministry  
Love AME Church

**PARTNERS:** Love AME Church, Prince George's County Health Department, University of Chicago APPLES Program, NIH National Library of Medicine, Prince George's County Section National Council of Negro Women, Howard University College of Pharmacy, University of Maryland, Sigma Gamma Rho Sorority, Inc., Eta Iota Sigma Chapter, Halucion.com, Scripture Publications.

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[www.t-action.org](http://www.t-action.org)